**Referrals (done on specific forms and emailed) & what they are named so easier for you to search for & complete in EMIS documents**

**February 2023**

\*Adult ADHD

‘Adult ADHD Assessment Service Referral Form’

\*St Helens integrated Recovery service – Drug/Alcohol Addiction

**‘CGL (ADDACTION) Referral form’**

\*CAMHS

‘CYPMHS St Helens Referral Form new Aug 22’

***( Emergency or routine referral requests – if Emergency need to contact Response Team – please see form for details)***

\*Community Matron

**‘Community Matron referral 2022 amended’**

\*Community Paediatrics – St Helens Developmental Paediatric Service

**‘Referral form for Developmental Paediatrics’**

\*Community Physiotherapy

**‘Physiotherapy – Community Physio’**

\*Contact Care

**‘Integrated Access point Referral form’**

\* Continence Clinic

**‘Referral to Adult Continence Service doc’ or**

**‘Paediatric Continence Referral Form’**

\*COPD

‘COPD-St Helens Rapid Response Service’

\*Diabetes Education – newly diagnosed Type 2

**‘BEND2 Referral form’**

(this form comes with restrictions -you need to click at top of the form - Review – Restrict Editing and then Stop protection in order to complete form fully)

\*Dietician

‘Dietetic Service-Adult & Paediatric April 2018’

\*District Nurse

‘DN referral form 2020 V2.doc’

\*Eating Disorders

**‘Mental Health Biopsychosocial Referral 2022’**

\*ECG ‘ Urgent or multi-day monitor requests’

**‘Direct Access Cardiology – Ambulatory Referral’**

\*Haydock Frailty Team

**‘Frailty Referral Form updated Sept 2021’**

\*Gender Identity Referrals

**‘GIC-GP-Healthcare-Professionals-Referrals’ (for over 18’s)**

**For under 18’s the process is changing in Spring 23 so not accepting any referrals until that time**

\*Heart Failure Community Nurses

**‘Heart Failure Nurse led Community Nov 2018’**

\*Healthy Legs

‘Healthy legs ref V2.docx’

\*Healthy Living /Weight Management/ Social Prescribing

(this form also covers – Get Active /Exercise/ Alcohol reduction/Diabetes Prevention/ Healthy Eating

Stop Smoking)

‘Healthy Living Referral Form 2022’

\*Later Life & Memory Service

‘ LLAMS new referral form – Merseycare’

\*Long Covid Clinic

‘Long Covid Hub Referral.docx’

\*Mental Health form - URGENT cases only- routine seen in house

‘ Mental Health Biopsychosocial Referral 2022’

\*St Helens Neurodevelopmental Pathway Team

*(complex form with sections that need completing by GP / Parent/Child & School)*

**‘NDP referral form’**

\*Palliative Care

**‘Specialist Palliative Care Referral Form July 21’**

\*Paediatric Occupational Therapy & Physiotherapy

**‘Occupational therapy / Physio Children’s Targeted Service’**

\*Podiatry for Adults/children

**‘Podiatry Assessment – Referral Aug 2019’**

\*Pulmonary Rehabilitation

**‘Pulmonary Rehabilitation June 2018’**

\*Speech & Language Therapy

‘SLT referral form July 21’

\*Spirometry

**‘Direct Access Cardio-Respiratory -Spirometry ‘**

\*TIA

‘Rapid TIA Clinic Nov 11’

\*Wheelchair

‘Wheelchair Service Adults Referral 2022’ or

‘Wheelchair Child Referral Form’

\*Think Well-being

Think Wellbeing is the primary care psychological therapies service in St Helens. We offer free CBT-based NHS therapy for people aged 16 or above who are experiencing mild to moderate common mental health problems, such as:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Low mood** | **Stress** | **Depression** | **Generalised Anxiety Disorder** | **Phobias** | **Panic Disorder** |
| **Sleep problems** | **Obsessive Compulsive Disorder** | **Health Anxiety** | **Social Anxiety** | **Post-Traumatic Stress Disorder** | **Body Dysmorphic Disorder** |

In addition to this, we are also able to offer specific support to service users who are experiencing mental health problems linked to a long-term physical health condition, pregnancy or being a primary carer for an infant under the age of two.

In order to be able to access the service, patients should be registered with a St Helens GP.

**Referral Process**

Patients can self-refer to us by following this link and completing the referral form:

<<https://www.merseycare.nhs.uk/our-services/st-helens/think-wellbeing>>

They can also contact us on 01744 647100